## Dyslexia

Written by Peter
Note to Tutor: These activities
 have a focus on silent letters.

The hardest part about reading and writing, forme, is having dyslexia. I do not know when it is going to happen. It is very confusing sometimes, for me to read.

One of the hardest parts of having dyslexia, is that it happens when you least want it to. I feel all confused and I cannot understand what I have just read.

It all goes jumbly - but if I stop reading for a while, I can get back into it, again. This happens over and over and can be very frustrating, at times.

What makes reading and writing even harderforme, are silent letters. I wonder why English has silent letters. It makes things very hard, when you are trying to leam how to spell.

I have often wondered why they are there - because if they weren't, spelling would be easier and not so confusing.

I am a truck-driver and a bricklayer by trade, but I want to be better at reading and writing.

I love fishing, reading (even though it isn't easy) and surfing the net. Most of all, I love being a family man and I want my kids not to have the same struggle I've had. I think I'm getting there!

# What is Dyslexia? 

Dyslexia is not a disease!

The word dyslexia comes from the Greek la nguage. It means diffic ulty with words. The diffic ulty occurs in the brain.

The main diffic ulty for a person with dyslexia is to convert letter symbols (the shape of the written letter) to their correct sound. This is called decoding. We do this when we read.

Dyslexic smay also have diffic ulty converting sounds into their correct written symbol. We do this, when we spell.

People with dyslexia have trouble with aspects of reading, spelling and writing. No two 'cases' of dyslexia are alike.

Dyslexia is highly hereditary, a nd there is no cure.
Dyslexic people might have some very positive attributes that can occur with the dyslexia. For example, they might have an inquiring mind, creative or analytic thinking, or ability to 'see the big picture' (amongst other possibilities).

This information comes from the Australian Dyslexia Association website.


## Activities

## Fill in the blanks, by looking at the original text to check the correct spelling.

What makes reading and .............................. even harderforme, are silent letters. I wonder why $\qquad$ has silent letters. It makes things very hard, when you are trying to $\qquad$ how to spell.

I have often $\qquad$ why they are there - because if they spelling would be easier and not so confusing.

I am a truck-driver and a $\qquad$ by trade, but I want to be betterat $\qquad$ and writing.

I love fishing, reading (even $\qquad$ it isn't easy) and surfing the net. Most of all, I love being a $\qquad$ man and I want my kids not to have the same $\qquad$ I've had. I think I'm getting there!

## Silent Letters

In this text there are 2 silent letters - ' $w$ ' in writing and ' $k$ ' in know. Circle the words where the ' $w$ ' or the ' $k$ ' is silent

| know | wrap | write |  |  | knight | wonder |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | why |  | knot | word |  |  | knit | wrong

## So why are there silent letters in English?

Tutor may like to read this to student.
The English language is continually evolving and changing, to keep up with everyd ay use.

English has been written for about 1,300 years. Many words used in Shakespeare's time (for example) are not used any more.
(That's only a bout 400 years ago!)
And before our time, words like intemet, computer, laptop, skydiving, highrise, blockbuster, pro-active, a nd hacker weren't invented - and weren't needed!

People tend to think that the language that they grew up with, is THE language, and that a nything that was only used before they were bom, is old-fashioned!

We tend to not even notice, as new wordscreep into our vocabulary - words like mobile (for a phone), selfie, download, email, chargrilled, superfood, etc.

English is a very rich language, in that it picked up words from other languages, including Latin, (Old) French, Anglo-Saxon (Old English) and Norse. We still do this today. Examples are: television, pizza, c afé, salon, tsuna mi, doona, dinghy, zuc chini, smorgasbord.

English spelling can tell you the sound of the word - but it can also give you hints a bout the history of the word, and where it came from.

Sometimes a silent letter tells you how to say the word - as long as you know the 'Rule'. For example, the "fairy 'e'" on the end of a word is silent - but it lengthens the sound of the vowel before it. (at $+e=$ ate)

Othertimes, the silent letter tells you about the word's history. Apparently, before the $17^{\text {th }}$ century, the silent ' $w$ ' at the beginning of written WAS pronounced. Try that! Silent ' $k$ ' (which usually comes before an ' $n$ ') often shows that the word came from German - where it was pronounced.

## How many words c an you think of that start with 'kn'?

know $\qquad$
$\qquad$
$\qquad$

How many did you think of? $\qquad$ More than 6 would be excellent!
To see which wordsyou might have missed, you can tum the page $\qquad$

Here is a nother word challenge.
How many words can you make, out of the letters in the word 'knowledge'?
You can only use each letter as many times as it appears - so you can use 2 'e's, but only one of all the other letters.

| 3-letter words | 4-letterwords | 5-letter words | More than 5 letters |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

## More Activities

Here is a n a nswer to: Words which start with 'kn'

| know | knowledge | known | knowing | knew |
| :--- | :--- | :--- | :--- | :--- |
| knee | kneel | kneeled | knelt | kneeling |
| knot | knotted | knock | knoll | knobble |
| knob | knead | knight | knave | knack |
| knife | knapsack | knell | knit | knackered |

There are a few more, but these are the most commonly-used 'kn' words.

## What other letters are often silent?

Did you know that almost any lettercan be silent? Here are some examples, together with just one example of a familiar word, whic h uses that letter silently:
' $b$ ' in debt, ' $c$ ' in muscle, ' $g$ ' in sign, ' $g h$ ' in right, ' $h$ ' in when, ' $l$ ' in could, ' $n$ ' in hymn, ' $p$ ' in psychologist, ' $s$ ' in island, ' $t$ ' in often, ' $u$ ' in guess, ' $w$ ' in wrist

Of course, all of these letters can be silent in many other words, too.
Can you think of some more examples? White some in this box:
$\qquad$

